



SPRING 2018

Live Call & Facebook chat schedule

BEFORE YOU GLOW — SUGAR MUST GO! | April 22nd – April 28th

April 23rd (*Monday*) Prep Q&A Call: 8 PM ET

April 26th (*Thursday*) Facebook Chat 3PM ET

MODULE 1: Prep | April 29th – May 6th

April 30th (*Monday*) Prep Q&A Call: 3 PM ET

May 3rd (*Thursday*) Facebook Chat 3PM ET

MODULE 2: Activate | May 6th – May 20th

May 7th (*Monday WK1*) Q&A Call: 1 PM ET

May 10th (*Thursday WK1*) Facebook Chat 3 PM ET

May 14th (*Monday WK2*) Q&A Call: 3 PM ET

May 17th (*Thursday WK2*) Facebook Chat 3 PM ET

MODULE 3: Mastery | May 20th – June 30th

May 21st (*Monday WK1*) Q&A Call: 3 PM ET

May 24th (*Thursday WK1*) Facebook Chat 3PM ET

May 28th (*Monday WK 2*) Q&A Call: 8 PM ET

May 31st (*Thursday WK2*) Facebook Chat 3 PM ET

June 4th (*Monday WK3*) Q&A Call: 3 PM ET

June 7th (*Thursday WK3*) Facebook Chat 3 PM ET

June 11th (*Monday WK4*) Q&A Call: 1 PM ET

June 14th (*Thursday WK4*) Facebook Chat 3 PM

June 18th (*Monday WK5*) Q&A Call: 8 PM ET

June 21st (*Thursday WK5*) Facebook 3 PM ET

June 25th (*Monday WK6*) Transition/Q&A: 12 PM ET

June 28st (*Thursday WK6*) Facebook 3 PM ET